## **Travel to**

# HARROGATE COLLEGE

#### Bike It, Walk it, Bus it, Train it!



This leaflet has been produced through the Open Harrogate initiative, which is a North Yorkshire County Council project funded by the Department for Transport Access Fund.

For more information, visit: 🔨 f 🍏

# **BARROGATE**

Harrogate College Hornbeam Park Harrogate HG2 8QT

Call us 01423 879466 www.harrogate-college.ac.uk

For information about Independent Travel Training, please contact North Yorkshire County Council at SENDTransport@northyorks.gov.uk.

## Public Transport

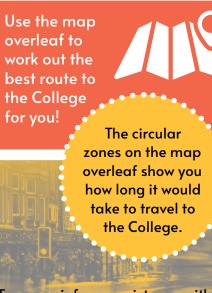
Harrogate College is easily accessible using public transport, so you can leave the car at home!

We are served by buses from Boroughbridge, Knaresborough, Leeds, Pateley Bridge, Ripon and Wetherby.

The College is only a 2 minute walk from Hornbeam Park train station.

Hornbeam Park is just a 3 minute ride from Harrogate train station.

Don't forget that many students are entitled to apply for a Railcard, offering up to 50% off rail travel!



For more info on assistance with Transport costs, visit the Harrogate College and North Yorkshire County Council websites.

#### **Active Travel**

Pedal power your way – cycling to College is cheap, green and a super way to maintain fitness!

Or stretch your legs with a pretty walk across the famous Stray. From Harrogate Town Centre, this route will take you around 20 minutes to walk.

If you have to drive, why not Park & Stride? Park a short distance from College and walk the rest of the way!

To keep your bike safe and dry, cycle parking is available at the College. We also have brand new showering facilities.

### Did you know?

There are continuous, easy to follow cycle routes to the College from Knaresborough, Ripon and Wetherby. On your bike!

You don't have to give up the car instantly or completely.

Try leaving the car at home one day a week, and see if you notice the difference!

Use these signs to help you find your way around Harrogate. Hornbeam <sup>3</sup>4 Park Rossett 1<sup>1</sup>4



#### Travelling actively and sustainably can bring you a lot of benefits:



Stroll now, sleep later — Walking or cycling in a green environment can reduce stress and lead to a better sleep the following night.



following night. Active body, active mind – Tired from exams and assignments?

Exercise can help improve brain function and promote creativity.

Free and convenient – You can just get up and go when it suits you, beat the traffic and it won't cost you a penny on fuel.



Hang time — walk with a friend and chat as you go! Improve your environment — leaving the car at home means



less pollution and better air quality.



