

### Week 3, Art - reveal

Annabel: Alright, just a little recommendation guys...

Pete: Yeahhh....

Annabel: If you look at Nick's face...

Pete: Yep.

Annabel: Where are his ears here?

Nick: I mean I am funny looking,..I probably am quite difficult to draw.

Annabel: No no, it's about *observation*.

Pete: Doing a drawing like that, doing a sketch, what would you start with?

Annabel: Ahh probably [the] shape of the face, and probably right in the centre here.

Pete: Okay.

Nick: I think that's better looking than me to be honest. That's quite flattering.

<Sound of paper crinkling>

Pete: It's going to be tough this week.

<Laughter>

<Theme tune of an art show from the 90s>

Nick: Jason's going to pick the winner.

Jason: Good detail on this one and I like the shading around the eyes. The hair's good on Nick's I think, isn't it. The colour. And it looks like you had a bit more fun on yours Nick - whereas yours [has a] very serious, kind of, pose.. I think Nick's the winner, I quite like Nick's.

Pete: Oooh he's got a point back!

Nick: Thank you very much.

<Laughter>

Nick: Right, well err.

Jason: Interestingly though, your one-minute one looks very good doesn't it.

Nick: Get this framed!

Annabel: [It helps] Once people start relaxing and getting into it, so I'd give you 20 minutes, 40 minutes - and if you're here for a three-hour session, for the last hour you just concentrate on one thing, then just zone right out. And they just focus in on that - all the other noise and stress disappears. So, in fact, if we measured your heart rate before and after, there would be an enormous difference.

<Theme tune of an art show from the 90s playing in the background>

Nick: Hmm, don't know.

<Laughter>

<A bell dings three times signalling the end of the task>