

# Lead Adult Care Worker

**Level:** 3

**Duration:** 21 months

Lead adult care workers have more responsibility, often providing leadership to a small team and acting as a role model for high-quality care.

## Apprenticeship overview

Building on basic care skills, you will learn to lead others, manage complex care plans, and ensure that your team is following all regulatory standards. You will act as a link between the care team and management/health professionals.

### Core skills, knowledge and behaviours you will learn

- Leadership and mentoring of junior staff
- Managing and reviewing care plans
- Safeguarding leadership and promoting health and wellbeing
- Effective communication and professional development
- Administering medication safely
- Supporting individuals with specific needs (dementia, learning disabilities)

### Where you might work

- Residential and nursing care settings
- Community-based support services
- Outreach services
- Specialist care units

### Typical job roles

- Senior Care Assistant
- Senior Support Worker
- Team Leader
- Lead Care Worker



### Good to know!

You will be expected to make decisions and solve problems independently

Accuracy in record-keeping and reporting is vital for regulatory compliance (CQC)

You will play a key role in supporting the family and carers of those you support